

Dermatology Associates of Rochester, PC

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Zaffiro Checklist

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CANNOT Be Treated on Day of Treatment, if experiencing the following:

- Active acne, blemishes or open wounds in the treatment area
- Active cold sores - including healing and/or scabbed (verify pharmacy for Valtrex Rx)
- Any recent face or body trauma - scratches, cuts, or burns (including sunburn) in the treatment area

MUST STOP Prior to Treatment:

- Use of Retinol, Retin-A, Vitamin A, Tretinoin, Clindamycin **2 WEEKS** prior to treatment
- Can not be on Isotretinoin **4 WEEKS** prior to treatment
- Discontinue antibiotics **2 WEEKS** prior to treatment
(Bactrim, Doxycycline or any **medication that causes sensitivity to light**)
- No filler or Sculptra **3 WEEKS** before treatment
- No BOTOX or Dysport **2 WEEKS** before treatment
- No chemical peel treatments or waxing **2 WEEKS** before treatment
- No other laser service **4 WEEKS** prior to treatment (example: Halo, BBL, Profractional)
- No sunburn in the treatment area **4 WEEKS** prior to treatment

Before Treatment MUST:

- If prescribed Valtrex, make sure to have it filled and start taking the morning of treatment
(Dosage: 500mg tablets, take 1 tablet by mouth 2x a day for 5 days)

After Treatment MUST:

- While outdoors, apply sunscreen (minimum SPF 30+ UVA/UVB Physical Zinc Oxide and Titanium Dioxide)
- Avoid shaving on or around treatment area for 7 days
- Avoid waxing on or around treatment area for 2 weeks
- Avoid chemical peel treatment on or around treatment area for 2 weeks

You may contact our Zaffiro Providers:

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